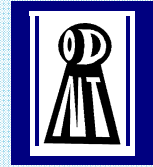


Open Doors News Letter



Just one of
the amazing
mountains in
Canada



In this issue

- *Meet Mark*
- *Get together's*
- *Mobex days*
- *AGM news*
- *And more*

Do you use Direct Payments or have an individual budget? Have you been able to go on holiday and pay someone to support you? Please write in and tell us your experiences

The address is on the back page or email
info@opendoors.uk.com

Chairperson's Letter

Hello

Here is the Autumn / Winter News Letter. I have had an amazing summer, because I went traveling to Canada with two of my Personal Assistants Alex and Jemma. We hired an accessible car and started our trip in Vancouver, We covered Vancouver Island, Banff, Jasper and Penticton. We saw bears, eagles, chipmunks, elk and humming birds!

Accessible Canada

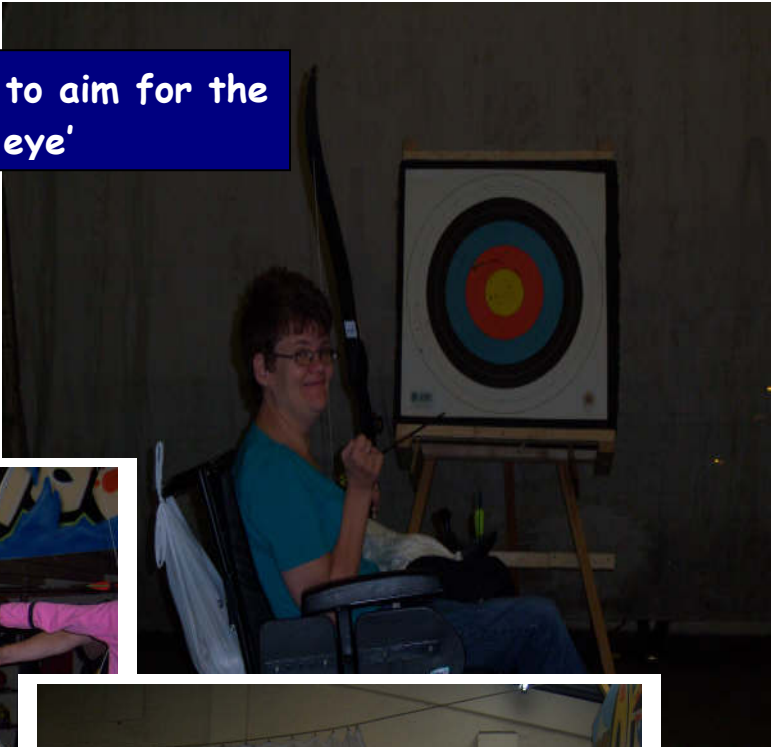
We found everything to be totally accessible for disabled people. I was even able to get on a snow bus and go out on an ice glacier! The flights were great and we met so many wonderful people. I was able to pay one of my PA's with my Direct Payment and money that I receive for my support from the Independent Living Fund. If you would like more information on this, please contact the Direct Payment Support team at Disability North, who will be able to put you in touch with your Direct Payments advisor where you live. Their number is 0191 2840480 .For more information on the Independent Living fund, please have a look at their website www.ilf.org.uk



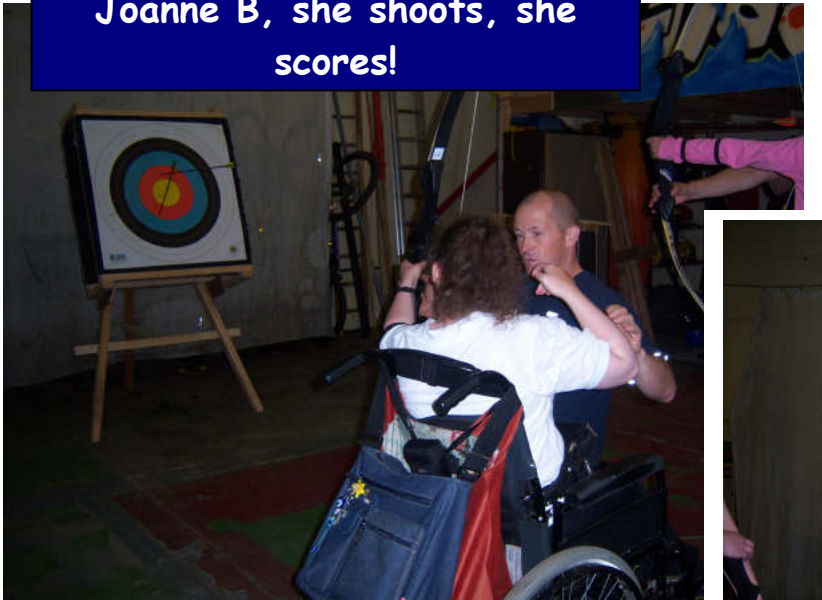
Open Doors Archery Day with Mobex



Joanne H about to aim for the 'Bulls eye'



Joanne B, she shoots, she scores!



Sharon aims and fires!

We would like to say a huge thank you to everyone at Mobex for making it such a great day.

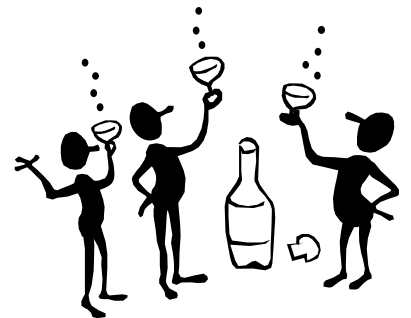


Mark Dines – Co-opted
Committee Member

Committee News

Hello, My name is Mark Dines and I am a new co-opted Committee Member and Director of Open Doors. I enjoy working on my computer (especially Facebook) and listening to music. I use a communication aid to talk. I have become a Director of Open Doors, because I wanted to do something

that will make a difference to other disabled people. It is good fun and I can show people my skills. I will look forward to meeting as many people as I can soon.



Dates for the next Open Doors 'get together's have been announced. Come along, meet new people, have a few drinks and buy your tea if you want to. Directions to each pub are enclosed.



The Beacon
Earsdon Road
Monkseaton
NE25 9PT

Friday 10th October 7pm

Friday 7th November 7pm



The New Crown
Mowbray Road
South Shields
NE33 3NG

Friday 24th October 7pm

Friday 21st November 7pm

Open Doors AGM 2008

It's hard to believe, but it is back to that time of the year again, when the accounts have to be approved, you get the chance to hear what has been happening and shape the future of Open Doors and stand as a Director if you want to. It can only be AGM time.....

This years AGM will take place at North Shields Catholic Club, Cecil Street, North Shields, NE29 0DQ. It will be held on 21st October 2008 at 7pm. The Catholic club is full accessible and is within easy walking distance of the metro. There is a bar and a light buffet will be available. We look forward to seeing you there.



Have you ever thought about becoming a Director or Trustee of Open Doors?

If you would like more information please contact Angie either by email,

angie.stewart@opendoors.uk.com

or on her mobile 07949603379

after 6pm

You will find with this news-letter a nomination form. If you want to be on the committee please fill in the form and send it back to us by Friday 10th October. Our new address is on the right. If you need any support, please call Angie **after 6pm**

All members are invited to come to the AGM. Please bring any family, friends or supporters that you want to.

This is your chance for you to tell us what you would like Open Doors to do for you, so make sure that you don't miss out.

**Open Doors
205 Park Road
Wallsend
NE28 7NU**